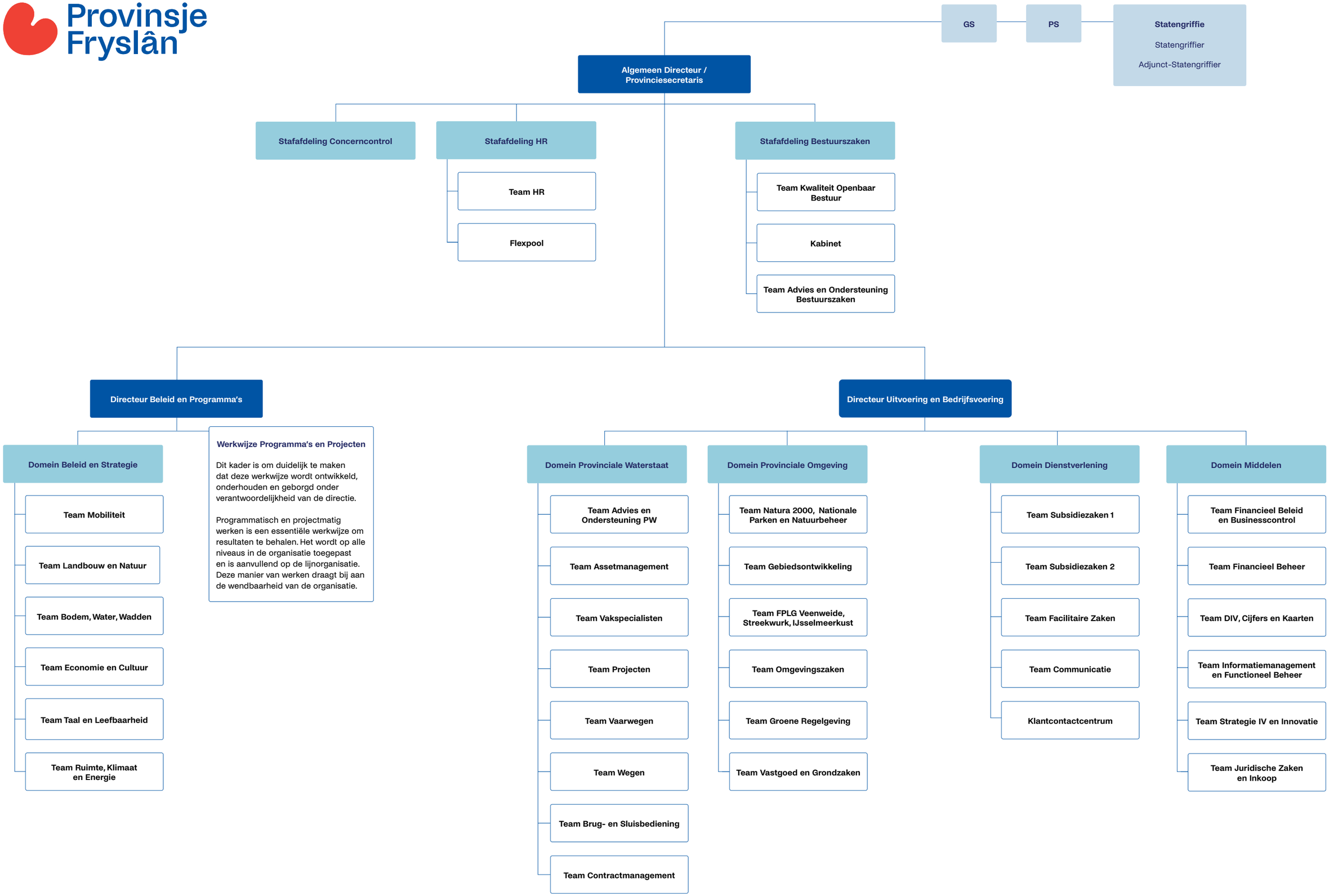Provinsje Fryslân