

How to save energy

Are you trying to save energy yet?

Many people have noticed an increase in their energy bill.

As not everyone has the opportunity to install solar panels on the roof or to insulate their house properly, we have written this article to make you aware of some simple and cheap ways to reduce your electricity and gas consumption.



Quick tips to save energy at home



Save gas by taking care that the heating system does not have to work too hard to maintain a pleasant temperature at home. Only heat the rooms where you are and keep the doors closed so that the heat does not escape. Do you tend to forget this? For just a few euros, you can buy a door spring so that the door closes automatically.

- Apply radiator foil between the radiator and the exterior wall.
- Place a radiator fan on the bottom of the radiator. This will heat your house faster with less energy. The installation is easy. All you need is a few magnets.
- Use draught excluders to seal slits and cracks.



Only heating the rooms where you are can save some 370 euros per year.



Draught excluders save 90 euros per year.

You can save gas in the bathroom as well. Just spend less time in the shower or lower the water temperature a little. A water-saving shower head is relatively cheap and saves a lot of water while you will barely notice the difference.

By reducing your showers to 5 minutes, you will save about 70 euros per year. A water-saving shower head will save you 37 euros per year.



Turn your central heating boiler to 60 °C (140 °F) instead of 80 °C (175 °F). The water does not have to be so hot to warm your house.



You can also save electricity by replacing your light bulbs or halogen lamps with LED lights.





Support for low-income households

EnergieHuis Slim Wonen (Smart Living Energy House)

The Energy Cost Reduction project has been launched as an additional support for low-income households. Energy-saving coaches from EnergieHuis SlimWonen will visit your home to help you find the best solutions to save energy.

They will bring a few small energy-saving solutions that can be applied immediately if you wish. A house visit from one of the energy-saving coaches is free of charge for low-income tenants and homeowners. Do you want to sign up? Scan the QR code and complete the form on the website.



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This brochure contains information from Milieu Centraal. This brochure was made in December 2022. These figures were calculated by Milieu Centraal. Milieu Centraal starts from a gas price of 3 euros per m³ in the short term and 1,20 euros per m³ in the long term. This brochure is based on the long-term price. Your gas price may currently be higher or lower and may go up or down. This means that the savings resulting from small measures may vary as well.

